

The New Psychology of Love: Unlocking the Secrets of Lasting Relationships

Are you looking for a deeper understanding of love? Do you want to know how to create and maintain a lasting relationship? If so, then you need to read *The New Psychology of Love*.



The New Psychology of Love by Robert J. Sternberg

★★★★☆ 4.8 out of 5

Language	: English
File size	: 2117 KB
Text-to-Speech	: Enabled
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Screen Reader	: Supported
Print length	: 334 pages



This groundbreaking book by renowned psychologist Dr. Robert Sternberg offers a comprehensive and evidence-based exploration of the nature of love. Drawing on the latest research in psychology, neuroscience, and evolutionary biology, Dr. Sternberg provides a new understanding of what love is, how it works, and how we can use it to build stronger, more fulfilling relationships.

In *The New Psychology of Love*, you will learn about:

- The three essential components of love: intimacy, passion, and commitment

- The different types of love relationships, from casual flings to lifelong partnerships
- The factors that contribute to relationship success and failure
- The skills and strategies you need to build and maintain a healthy, happy relationship

Whether you are single, dating, or married, *The New Psychology of Love* can help you to better understand the nature of love and to create more fulfilling, lasting relationships.

What Others Are Saying About *The New Psychology of Love*

"A must-read for anyone who wants to understand love and relationships." - John Gottman, author of *The Seven Principles for Making Marriage Work*

"A groundbreaking book that will change the way we think about love." - Susan Johnson, author of *Hold Me Tight*

"The most comprehensive and up-to-date book on the psychology of love available." - Barry Schwartz, author of *The Paradox of Choice*

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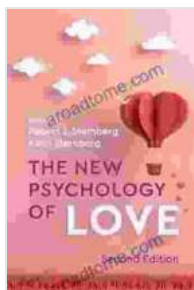
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About the Author

Dr. Robert Sternberg is a world-renowned psychologist and researcher in the field of love and relationships. He is the author of over 30 books and 600 articles on the subject, and his work has been translated into over 50 languages. Dr. Sternberg is a professor of psychology at Yale University and the director of the Yale Center for the Study of Emotion and Mood.



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Steamy Reverse Harem with MFM Threesome: Our Fae Queen

By [Author Name] Genre: Paranormal Romance, Reverse Harem, MFM Threesome Length: [Book Length] pages Release Date: [Release...]



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