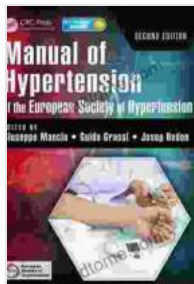


The Essential Guide to Hypertension: Manual of Hypertension of the European Society of Hypertension



Manual of Hypertension of the European Society of Hypertension by Timothy Gordon

★ ★ ★ ★ ☆ 4.7 out of 5

Language : English

File size : 153421 KB

Screen Reader: Supported

Print length : 635 pages



Hypertension, or high blood pressure, is a major global health concern, affecting over 1 billion people worldwide. It is a significant risk factor for cardiovascular disease, stroke, heart failure, and kidney disease.

The Manual of Hypertension of the European Society of Hypertension (ESH) is the definitive guide to the diagnosis and management of hypertension, providing the latest evidence-based recommendations for healthcare professionals.

The Manual is written by a team of leading experts in the field of hypertension, and it covers all aspects of the condition, including:

- The definition and classification of hypertension
- The causes and risk factors for hypertension

- The diagnosis of hypertension
- The management of hypertension
- The prevention of hypertension

The Manual is an essential resource for anyone involved in the care of patients with hypertension, including physicians, nurses, pharmacists, and other healthcare professionals.

What's New in the Ninth Edition?

The ninth edition of the Manual has been fully revised and updated to reflect the latest evidence-based recommendations for the diagnosis and management of hypertension.

Some of the key changes in the ninth edition include:

- New chapters on the role of genetics in hypertension and the management of hypertension in special populations
- Updated chapters on the definition and classification of hypertension, the causes and risk factors for hypertension, the diagnosis of hypertension, and the management of hypertension
- New recommendations on the use of antihypertensive drugs
- New guidelines for the prevention of hypertension

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The Manual of Hypertension of the European Society of Hypertension is divided into eight sections:

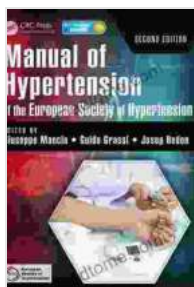
- 1.
2. **Definition and Classification of Hypertension**
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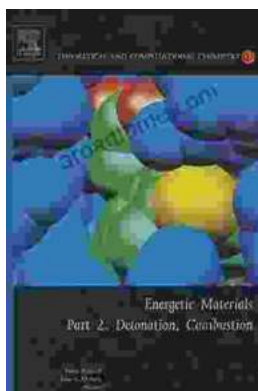
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