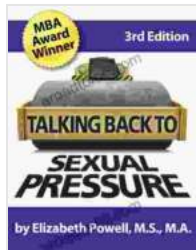


# Talking Back to Sexual Pressure: A Guide for Young People



## Talking Back to Sexual Pressure by Elizabeth Powell

★★★★★ 5 out of 5

Language	: English
File size	: 531 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 340 pages
Lending	: Enabled



Sexual pressure is a common experience for young people. It can come from peers, partners, and even the media. It can be subtle or overt, and it can be difficult to know how to respond.

Talking Back to Sexual Pressure is a comprehensive guide for young people on how to deal with sexual pressure. The book provides practical advice on how to:

- Set boundaries
- Communicate your needs
- Resist unwanted sexual advances
- Get help if you need it

Talking Back to Sexual Pressure is an essential resource for young people who want to learn how to protect themselves from sexual pressure. The book is written in a clear and accessible style, and it includes real-life examples and stories from young people who have experienced sexual pressure.

If you are a young person who is experiencing sexual pressure, please know that you are not alone. There are resources available to help you, and you can learn how to talk back to sexual pressure.

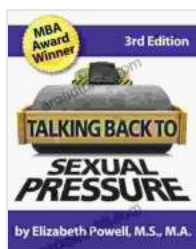
**Here are some tips for talking back to sexual pressure:**

- **Be assertive.** Let people know what you want and don't want. Don't be afraid to say no.
- **Set boundaries.** Let people know what you are and are not comfortable with. Don't let people pressure you into ng anything you don't want to do.
- **Communicate your needs.** Tell people what you need to feel safe and respected. Don't be afraid to ask for help.
- **Resist unwanted sexual advances.** If someone tries to pressure you into ng something sexual that you don't want to do, say no and get away from them.
- **Get help if you need it.** If you are experiencing sexual pressure, talk to a trusted adult or call a helpline. There are resources available to help you.

Remember, you have the right to say no to sexual pressure. You have the right to feel safe and respected. You are not alone.

## Resources for young people who are experiencing sexual pressure:

- The National Sexual Assault Hotline: 1-800-656-HOPE
- Planned Parenthood: 1-800-230-PLAN
- The Rape, Abuse & Incest National Network (RAINN): 1-800-656-HOPE You can also get help online at RAINN's website:  
<https://www.rainn.org>



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