

# Sis, You Got This: Unleash Your Inner Confidence and Crush the Game

Are you ready to step into your power and unleash the incredible woman you were meant to be? In her groundbreaking new book, 'Sis, You Got This,' motivational speaker and entrepreneur Patrice Washington shares her inspiring story and provides a roadmap for women to believe in themselves, embrace their unique strengths, and achieve their biggest dreams.

With her signature blend of humor, vulnerability, and practical advice, Patrice will guide you on a journey of self-discovery and transformation. You'll learn how to:

- **Identify and overcome the obstacles that are holding you back**
- **Build unshakeable confidence in yourself and your abilities**
- **Set audacious goals and create a plan to achieve them**
- **Embrace your failures as opportunities for growth**
- **Surround yourself with a supportive community of women who believe in you**

'Sis, You Got This' is more than just a book; it's a movement to empower women to live their best lives. With inspiring stories, thought-provoking exercises, and a wealth of practical tools, this book will help you unlock your full potential and become the woman you were meant to be.



## Sis, You Got This: 5 Affirmations to Help You Not Sweat the Small Stuff by Stacey Ballis

★★★★☆ 4.9 out of 5

Language : English

File size : 3495 KB

Screen Reader: Supported

Print length : 55 pages

Lending : Enabled



"Patrice Washington is a force of nature! Her book 'Sis, You Got This' is a must-read for any woman who wants to take control of her life and make her dreams a reality." - Oprah Winfrey

"Patrice's message is powerful and inspiring. 'Sis, You Got This' is a game-changer for women who are ready to step into their greatness." - Michelle Obama

"This book is a gift to all women. Patrice Washington shows us how to tap into our inner strength and create the life we deserve." - Shonda Rhimes

Patrice Washington is a motivational speaker, entrepreneur, and the founder of the Sister Circle Movement, a global community of women who support and empower each other. She is the author of the bestselling book 'Real Talk, Real Women: Inspiring Stories and Advice for Living Your Best Life' and has been featured in numerous media outlets, including The Today Show, Good Morning America, and The New York Times.

'Sis, You Got This' is available now at all major bookstores and online retailers. Free Download your copy today and start your journey to

empowerment and success!



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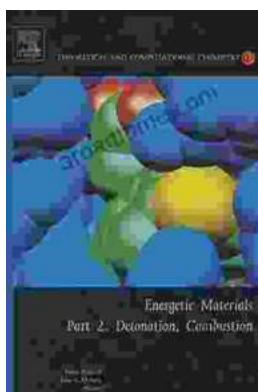
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