

Nine Do-It-Yourself Energy Experiments That Prove Your Thoughts Create Your Reality

What if you could use your mind to create positive change in your life and the world around you? What if you could use your thoughts to heal yourself, attract abundance, and manifest your dreams?

It may sound like something out of a science fiction movie, but it's actually possible. The power of the mind is real, and it's something that you can harness to create a better life for yourself.



E-Squared: Nine Do-It-Yourself Energy Experiments That Prove Your Thoughts Create Your Reality by Pam Grout

★★★★☆ 4.4 out of 5

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In this article, we're going to share nine do-it-yourself energy experiments that will prove to you that your thoughts create your reality. These experiments are easy to do, and they require no special equipment or training.

So what are you waiting for? Start experimenting today and see for yourself the amazing power of your mind!

Experiment #1: The Water Crystal Experiment

This experiment is one of the most famous and well-replicated experiments that demonstrates the power of thought. In this experiment, you will expose water to different words and phrases, and then you will observe the changes that occur in the water's crystals.

To do this experiment, you will need the following materials:

- A glass jar or container
- Water
- A piece of paper
- A pen or pencil

Instructions:

1. Fill the jar or container with water.
2. Write a positive word or phrase on the piece of paper, such as "love" or "gratitude."
3. Place the piece of paper on the outside of the jar or container, so that the water is exposed to the words or phrases.
4. Leave the jar or container in a place where it will not be disturbed for 24 hours.
5. After 24 hours, remove the piece of paper and observe the water's crystals.

You should notice that the water's crystals have changed shape. The crystals will be more symmetrical and beautiful if the water was exposed to

positive words or phrases. The crystals will be less symmetrical and less beautiful if the water was exposed to negative words or phrases.

Experiment #2: The Rice Experiment

This experiment is another simple and easy way to demonstrate the power of thought. In this experiment, you will expose rice to different words and phrases, and then you will observe the changes that occur in the rice.

To do this experiment, you will need the following materials:

- A glass jar or container
- Rice
- A piece of paper
- A pen or pencil

Instructions:

1. Fill the jar or container with rice. 2. Write a positive word or phrase on the piece of paper, such as "love" or "gratitude." 3. Place the piece of paper on the outside of the jar or container, so that the rice is exposed to the words or phrases. 4. Leave the jar or container in a place where it will not be disturbed for 24 hours. 5. After 24 hours, remove the piece of paper and observe the rice.

You should notice that the rice has changed color. The rice will be whiter if it was exposed to positive words or phrases. The rice will be browner if it was exposed to negative words or phrases.

Experiment #3: The Plant Experiment

This experiment is a great way to see how your thoughts can affect living things. In this experiment, you will grow two plants, one that is exposed to positive thoughts and one that is exposed to negative thoughts.

To do this experiment, you will need the following materials:

- Two pots or containers
- Two plants
- A positive thought
- A negative thought

Instructions:

1. Plant one of the plants in each pot or container.
2. Each day, spend a few minutes thinking positive thoughts about one of the plants.
3. Each day, spend a few minutes thinking negative thoughts about the other plant.
4. Water and care for both plants equally.
5. After a few weeks, observe the two plants.

You should notice that the plant that was exposed to positive thoughts is healthier and more vibrant than the plant that was exposed to negative thoughts.

Experiment #4: The Healing Experiment

This experiment is a powerful way to see how your thoughts can heal your body. In this experiment, you will use your mind to heal a minor injury.

To do this experiment, you will need the following materials:

- A minor injury
- A positive thought
- A negative thought

Instructions:

1. Focus your attention on the injured area. 2. Think positive thoughts about the injury healing. 3. Avoid thinking negative thoughts about the injury. 4. Repeat this process for several minutes. 5. Observe the injury over the next few days.

You should notice that the injury heals more quickly than it would have if you had not used your mind to heal it.

Experiment #5: The Abundance Experiment

This experiment is a great way to see how your thoughts can create abundance in your life. In this experiment, you will use your mind to attract more money into your life.

To do this experiment, you will need the following materials:



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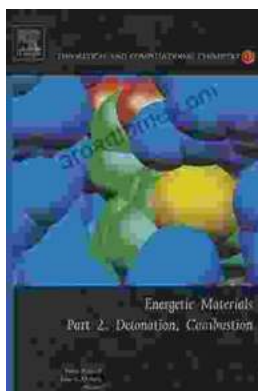
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Steamy Reverse Harem with MFM Threesome: Our Fae Queen

By [Author Name] Genre: Paranormal Romance, Reverse Harem, MFM Threesome Length: [Book Length] pages Release Date: [Release...]



The Ultimate Guide to Energetic Materials: Detonation and Combustion

Energetic materials are a fascinating and complex class of substances that have the ability to release enormous amounts of energy in a short period of time. This makes them...