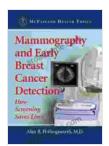
# How Screening Saves Lives: Your Essential Guide to Early Detection and Prevention



Mammography and Early Breast Cancer Detection: How Screening Saves Lives (McFarland Health Topics)

by T.C Atkinson

★★★★★ 4.7 out of 5

Language : English

File size : 2837 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 258 pages



### **Early Detection: The Key to Good Health**

Screening tests are a powerful tool in the fight against disease. They can detect conditions early, when they are most treatable, and help prevent serious health problems from developing. By getting screened regularly, you can take control of your health and well-being, and increase your chances of living a long and healthy life.

#### What is Screening?

Screening is a medical test that is used to detect a disease or condition in people who do not have any symptoms. Screening tests can be used to detect a wide variety of conditions, including cancer, heart disease, diabetes, and high blood pressure.

There are many different types of screening tests available. Some screening tests are simple and non-invasive, such as a blood test or a physical exam. Other screening tests are more complex and invasive, such as a colonoscopy or a mammogram.

#### Who Should Get Screened?

The recommended screening tests and the frequency with which you should get screened depend on your age, gender, and risk factors. Your doctor can help you determine which screening tests are right for you.

In general, all adults should get screened for the following conditions:

- Cancer
- Heart disease
- Diabetes
- High blood pressure

#### **Benefits of Screening**

There are many benefits to getting screened regularly. Screening tests can:

- Detect diseases early, when they are most treatable
- Help prevent serious health problems from developing
- Give you peace of mind

### **Risks of Screening**

There are some risks associated with screening tests. These risks include:

- False positives
- False negatives
- Overdiagnosis
- Complications from the test

It is important to weigh the benefits and risks of screening tests before deciding whether or not to get screened.

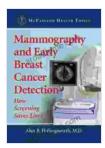
#### **How to Get Screened**

There are many ways to get screened for diseases. You can talk to your doctor about which screening tests are right for you, and how often you should get screened. You can also find screening programs in your community.

Getting screened is an important part of taking control of your health and well-being. By getting screened regularly, you can increase your chances of living a long and healthy life.

Screening tests are a powerful tool in the fight against disease. They can detect conditions early, when they are most treatable, and help prevent serious health problems from developing. By getting screened regularly, you can take control of your health and well-being, and increase your chances of living a long and healthy life.

For more information on screening tests, please visit the National Cancer Institute's website at www.cancer.gov.



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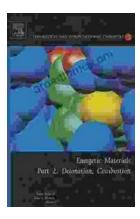


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