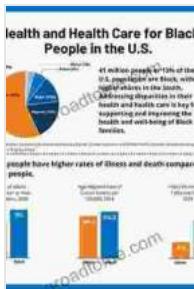


# How Racial Disparities Create Sickness: A Comprehensive Examination

In a world striving for health equity, the persistent disparities in health outcomes based on race continue to cast a dark shadow. The book "How Racial Disparities Create Sickness" delves deep into this critical issue, shedding light on the insidious ways in which systemic racism and social inequities manifest in our healthcare system, leading to devastating consequences for marginalized communities.



## Inequality and African-American Health: How Racial Disparities Create Sickness by Shirley A. Hill

 5 out of 5

Language : English

File size : 893 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Print length : 201 pages

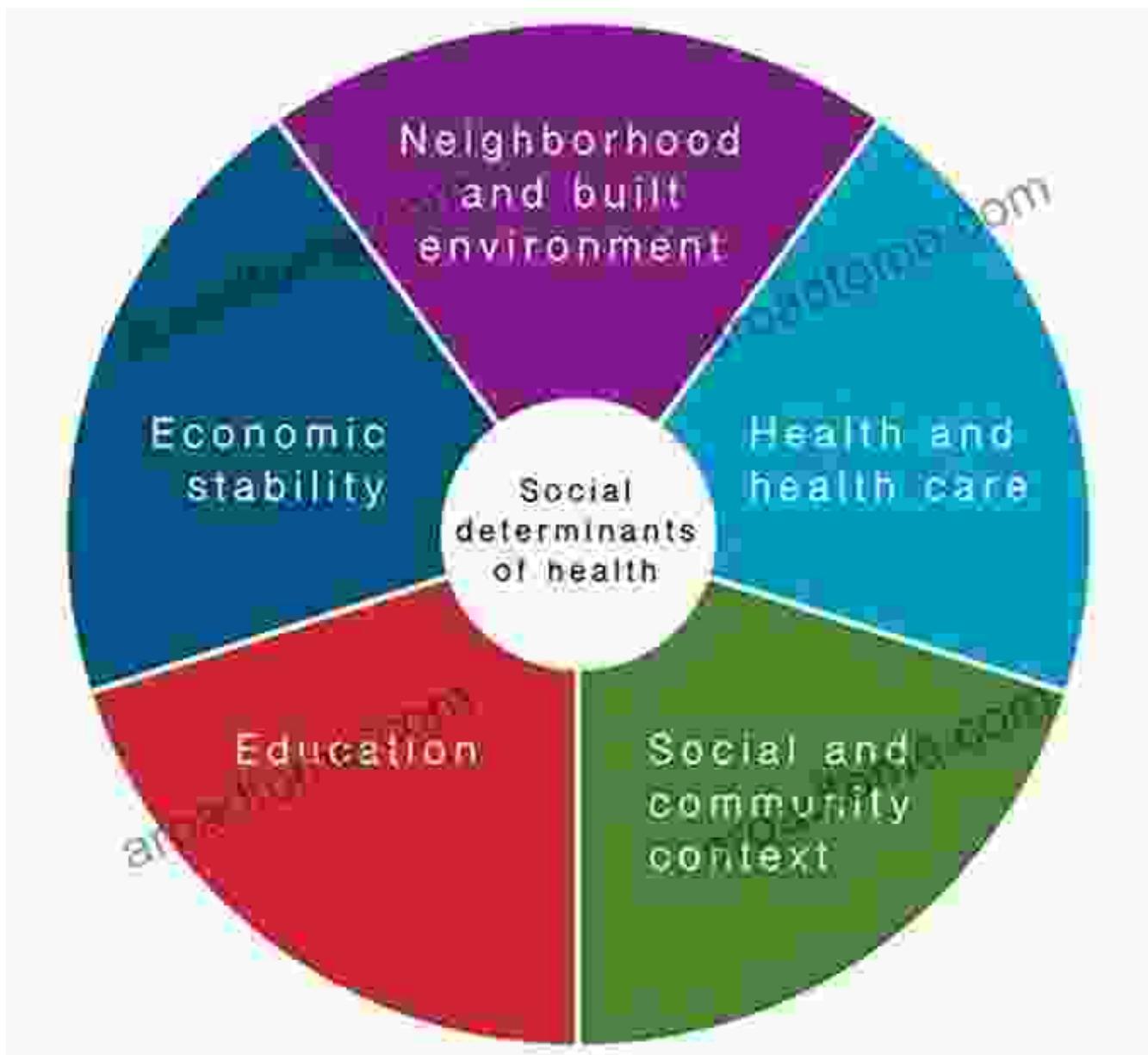
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## Uncovering the Root Causes

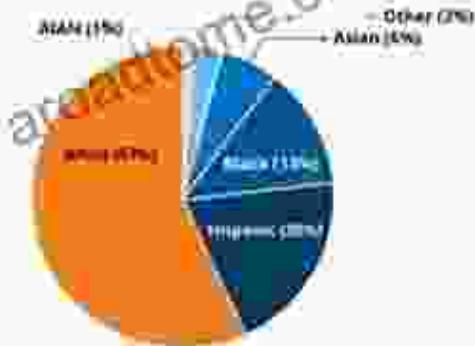
This groundbreaking work meticulously dissects the complex interplay of factors contributing to racial disparities in health. It exposes the pervasive social determinants of health, including income inequality, lack of access to quality healthcare, environmental hazards, and police brutality, as well as the psychological toll of racism and discrimination.



## The Impact on Health Outcomes

The consequences of racial disparities extend far beyond mere statistics. The book meticulously documents the devastating impact on physical and mental health. From chronic diseases such as heart disease, stroke, and diabetes to mental health conditions like depression and anxiety, the weight of racial disparities takes a heavy toll.

# Health and Health Care for Black People in the U.S.



41 million people or 13% of the U.S. population are Black, with higher shares in the South. Addressing disparities in their health and health care is key for supporting and improving the health and well-being of Black families.

NOTE: Asian refers to American Indian and Alaska Native, Pacific Islander, and Other Pacific Islander people, which total 0.2% of the U.S. population.

**Black people have higher rates of illness and death compared to White people.**

Percent of Adults Reporting Fair or Poor Health Status, 2013



Age-Adjusted Ratio of Cancer Deaths per 100,000, 2013



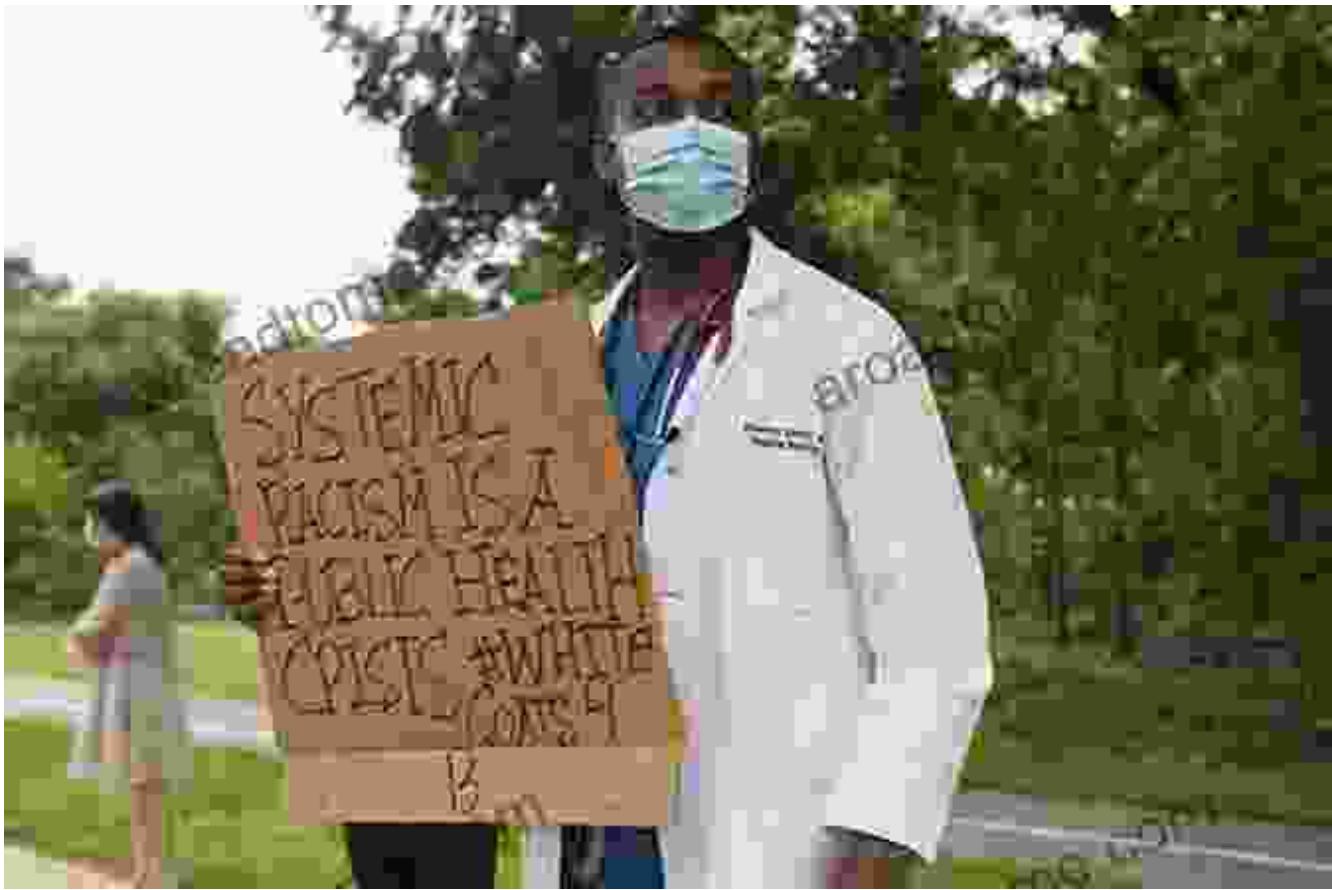
Infant Mortality per 1,000 Live Births, 2013



KFF

## Systemic Racism in Healthcare

One of the most damning revelations of this book is the pervasive presence of systemic racism within healthcare institutions. It exposes the institutional biases, cultural insensitivity, and overt discrimination that often plague interactions between minority patients and healthcare providers.



## The Path to Health Equity

While confronting the stark realities of racial disparities, "How Racial Disparities Create Sickness" also offers a beacon of hope. It proposes evidence-based solutions to dismantle systemic racism and promote health equity for all.

The book advocates for comprehensive policies that address the social determinants of health, invest in community-based healthcare, and challenge the root causes of racism. It calls for healthcare providers to embrace cultural humility, unconscious bias training, and equitable practices.

## A Call to Action

This timely and essential book serves as a powerful call to action for individuals, communities, and governments. It implores readers to confront the uncomfortable truth of racial disparities in health and to commit to a just and equitable healthcare system for all.

## Free Download Your Copy Today

If you are committed to understanding the insidious link between racial disparities and health, and to advocating for a more just and equitable healthcare system, then "How Racial Disparities Create Sickness" is a must-read. Free Download your copy today and join the movement towards health equity for all.

Free Download Now

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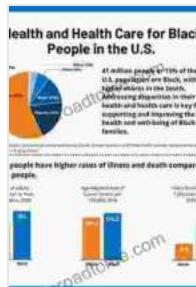
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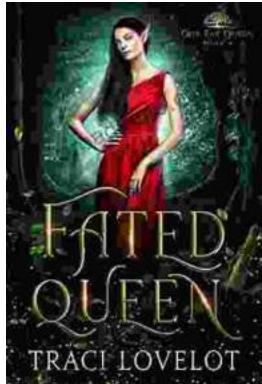
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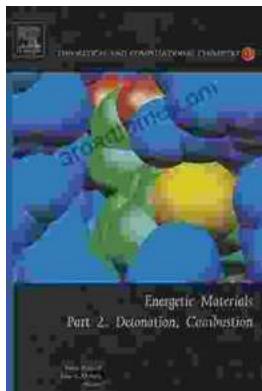


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