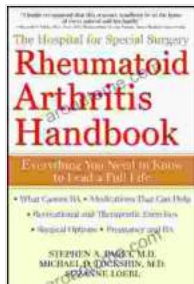


Empowering RA Patients: The Essential Guide from The Hospital for Special Surgery



The Hospital for Special Surgery Rheumatoid Arthritis

Handbook: Everything You Need to Know by Stephen A. Paget

★★★★☆ 4.5 out of 5

Language	: English
File size	: 4593 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 288 pages



Rheumatoid arthritis (RA) is a chronic autoimmune disease that affects the joints, causing pain, swelling, and stiffness. It can also damage other organs in the body, such as the heart, lungs, and eyes.

While there is no cure for RA, there are treatments available to help manage the symptoms and improve quality of life. The Hospital for Special Surgery (HSS) Rheumatoid Arthritis Handbook is a comprehensive guide for patients with RA. Written by leading rheumatologists and other healthcare professionals, the handbook provides expert guidance on every aspect of RA management.

What's Inside the Handbook?

The HSS Rheumatoid Arthritis Handbook covers a wide range of topics, including:

- **Understanding RA:** What causes RA, what are the symptoms, and how is it diagnosed?
- **Treatment Options:** What are the different treatment options available for RA, and what are the risks and benefits of each?
- **Managing Symptoms:** How to manage pain, stiffness, fatigue, and other symptoms of RA.
- **Improving Quality of Life:** How to make lifestyle changes, such as exercise, diet, and stress management, to improve quality of life with RA.
- **The Future of RA Treatment:** What are the latest research findings on RA treatment, and what does the future hold for patients with RA?

Why Choose the HSS Rheumatoid Arthritis Handbook?

The HSS Rheumatoid Arthritis Handbook is the most comprehensive and up-to-date guide available for patients with RA. It is written by leading experts in the field, and it provides practical, evidence-based information on every aspect of RA management.

Here are just a few of the reasons why you should choose the HSS Rheumatoid Arthritis Handbook:

- **Comprehensive:** The handbook covers every aspect of RA management, from diagnosis to treatment to lifestyle changes.
- **Up-to-date:** The handbook is updated regularly to reflect the latest research findings on RA treatment.

- **Written by Experts:** The handbook is written by leading rheumatologists and other healthcare professionals at HSS, one of the world's leading hospitals for the treatment of RA.
- **Practical and Evidence-Based:** The handbook provides practical, evidence-based information that you can use to manage your RA and improve your quality of life.

Free Download Your Copy Today!

The HSS Rheumatoid Arthritis Handbook is available for Free Download online and at bookstores nationwide. Free Download your copy today and start taking control of your RA!

"I highly recommend that this resource handbook be in the home of every patient and his family."
—KENNETH B. YUNIS, M.D., Head of the Rheumatology Section, Virginia Mason Medical Center, Seattle

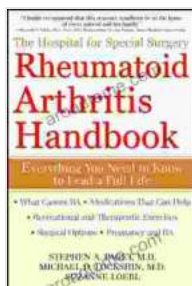
The Hospital for Special Surgery

Rheumatoid Arthritis Handbook

Everything You Need to Know
to Lead a Full Life

- What Causes RA • Medications That Can Help
- Recreational and Therapeutic Exercises
- Surgical Options • Pregnancy and RA

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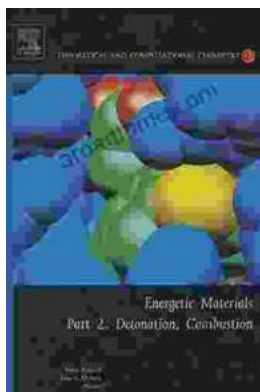
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